

# Great Falls CONNECTION

Great Falls Farmers Market is open every Saturday from 9 a.m. to 1 p.m.

OPINION, PAGE 6 ♦ ENTERTAINMENT, PAGE 9 ♦ CLASSIFIEDS, PAGE 10

PHOTO BY MERCIA HOBSON/THE CONNECTION

## Center without Walls Marks 10 Years

PAGE 3

## Local Film Festival

PAGE 8



## Farmers Market Continues In Great Falls

PAGE 7

ATTENTION POSTMASTER:  
TIME SENSITIVE MATERIAL.  
REQUESTED IN HOME 10-6-22

ECR WSS  
POSTAL CUSTOMER

U.S. POSTAGE  
PAID  
EASTON, MD  
PERMIT #322

ONLINE AT [WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)

OCTOBER 5-11, 2022

# The Great Falls Team

KELLERWILLIAMS

Luxury



Bob Nelson

Bob Nelson, Jr.

703-774-9830 | [BothBobs@BobNelsonTeam.com](mailto:BothBobs@BobNelsonTeam.com)

[www.GreatFallsTeam.com](http://www.GreatFallsTeam.com)



For Sale

**\$2,800,000 - Great Falls**  
11316 Inglish Milld Dr: 9BR, 6FB, 1HB  
Learn more and take a virtual tour at  
[www.InglishMill.com](http://www.InglishMill.com)



For Sale

**\$3,400,000 - Great Falls**  
510 Arnon Meadow: 7BR, 6FB  
To be built - 8,400 square foot home in  
the heart of Great Falls.



Sold

**\$1,525,000 - Great Falls**  
714 Gouldman Ln: 4BR, 3FB, 1HB  
Sold for \$225,000 above asking price!



Sold

**\$415,000 - Herndon**  
13324 Schwenger Pl: 3BR, 2FB, 1HB  
Updated home with a new kitchen close to the future Metro and Worldgate Centre Shopping and entertainment in Herndon.



Sold

**\$2,100,000 - Great Falls**  
1023 Millwood Ln: 5BR, 4FB, 2HB  
Secured Home Inspection and other contingencies in a market where few buyers were getting contingencies.



Sold

**\$1,052,000 - Lake Anna**  
541 Lake Anna Dr: 3BR, 2FB  
We work throughout Virginia and secured a vacation home for our client at Lake Anna. We helped our client get this home for more than \$100,000 under the asking price!



Pending

**\$275,000 - Great Falls**  
Beach Mill Rd: .58 Acres  
Wooded half acre lot with a 2 acre zoning. If combined with neighboring 9.7 acre property the combined land could potentially provide five lots.

DON'T MISS YOUR OPPORTUNITY TO TAKE ADVANTAGE OF THE CHANGING MARKET!

CALL US TO DISCUSS OUR PLAN FOR BUYING OR SELLING 703-774-9830



Sold

**\$700,000 - Great Falls**  
10423 Deerfoot Dr: 5BR, 2FB, 1 HB  
Sold quickly before it went on the market



Sold

**\$700,000 - Burke**  
9493 Harrowhill Ln: 5BR, 2FB, 1HB  
Estate sale that sold quickly for full price!



Sold

**\$978,000 - Reston**  
2012 Lakebreeze Way: 4BR, 3FB, 1HB  
Won the contract in a multiple offer situation without the highest priced offer.

We've raised over \$2,000,000 for Military Support Organizations through our Military Appreciation Mondays Event!

Join us at the Old Brogue at one or all of our next events! Call/email for more info.

- 10/17/22 - Stop Soldier Suicide
- 11/21/22 - Navy SEAL Foundation
- 2/13/23 - CIA Officers Memorial Foundation
- 3/13/23 - Our Community Salutes
- 4/17/23 - Operation Second Chance
- 5/15/23 - Our Military Kids



Keller Williams Realty  
703-430-9008

# NEWS

# 10th Anniversary, Great Falls Senior Center Without Walls

Continues to improve the lives of seniors.

MERCIA HOBSON  
THE CONNECTION

For the past ten years, this senior center in Great Falls may have been the best-kept off-the-radar center in Fairfax County. That is because it has no walls.

On Sept. 20, Great Falls Senior Center Without Walls (GFSC) celebrated its 10th anniversary at the River Bend Club, 375 Walker Road, Great Falls. More than eighty people attended the anniversary event and relived its many presentations, including those by Nobel laureates, local historians, and NASA astronauts.

In a slide show presentation, members acknowledged the history of the organization and some of the people involved in its creation, including Supervisor John W. Foust (D-Darnesville), Bob Lundegard, and Linda Fernald, as well as the churches that hosted its early meetings, sponsors, and partner, Fairfax County Neighborhood and Community Services. Members utilized the event platform to solicit feedback regarding future events, trips, and presentations they would like to see repeated.

In September 2012, the Fairfax County Board of Supervisors unanimously approved a charter for GFSC, and by November of that year, the organization was officially incorporated in Virginia.

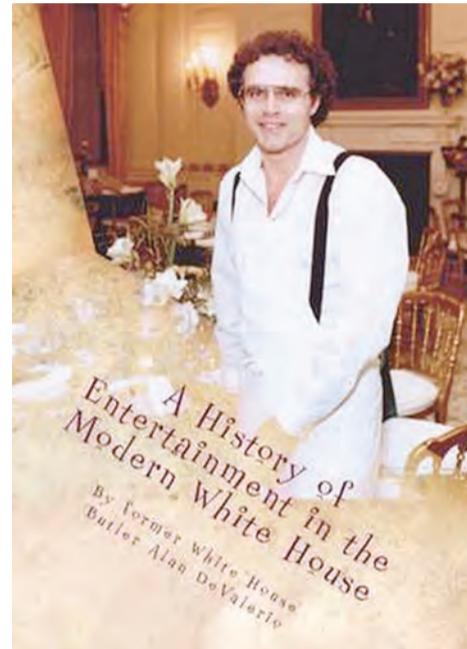


PHOTO VIA GFSC WEBSITE

Former White House butler Alan DeValerio is the speaker at the Tuesday, Oct. 18 GFSC meeting at River Bend Club, 375 Walker Road, Great Falls.

In 2015, Great Falls Senior Center was designated as a non-profit under the NTEE code Seniors/Services, with George Newman as principal. The mission of GFSC is to serve, support, and enrich the



PHOTO CONTRIBUTED

Great Falls Senior Center (Without Walls) celebrates its 10th anniversary at River Bend Club on Sept. 20, 2022.

lives of senior citizens in the community of Great Falls.

GFSC provides monthly events, educational programs, discussion groups, technology workshops, entertainment and trips.

Alan De Valerio, former White House butler, will speak at GFSC's next meeting at

River Bend Club on Oct. 18 to share his experiences. Jim Lewis on Nov. 15 will discuss the CIA's biggest heist. The Langley Madrigals will perform at the meeting on Dec. 6. Annual membership costs are \$25. Visit the Great Falls Senior Center <https://greatfallsseniorcentergfsc.wildapricot.org/>

## NEWS BRIEFS

### Friends of the Great Falls Library Semi-Annual Book Sale

The Friends of the Great Falls Library will hold its semi-annual book sale at the library on Friday, Oct. 7 and Saturday, Oct. 8 from 10 a.m. until 4 p.m. each day. Interested readers can attend a pre-sale event (for \$10 admission) on Thursday, Oct. 6 from 6 p.m. - 8 p.m.

Since 2021, FGFL has donated over \$30,000 to this branch. Funds have been used to purchase: 100 new lightweight chairs for the meeting room; new tables, table and chairs for the conference room; furniture for the kid's area; and book carts for the staff. The all-volunteer nonprofit group also pays for programs and other materials to enhance the patron experience, with an emphasis on children's activities. Educational and recreational programs for all ages are being reestablished since Covid affected operations.

FGFL holds two book sales and two puzzle sales each year and accepts financial and book donations. Books for the sales may be dropped off at the

library front desk at any time (except during the sales events). Volunteers are needed for the upcoming book sale, with set up starting on Oct. 5. For more information on the sale or to volunteer, please contact [friendsofthegreatfallslibrary@gmail.com](mailto:friendsofthegreatfallslibrary@gmail.com).

### Fairfax County Fire Stations To Host Open Houses

In celebration of Fire Prevention Week, Oct. 9 – 15, 2022, all Fairfax County Fire and Rescue Stations will be hosting Open Houses on Saturday, Oct. 15 from 10 a.m. until 4 p.m. Stop by your local station that day to meet your firefighters and paramedics, join in the activities, learn about fire safety, see the fire trucks and ambulances.

This year's Fire Prevention Week theme: "Fire Won't Wait. Plan Your Escape."

Great Falls is served by Fire Station 12, 9616 Georgetown Pike, Great Falls.



# State Farm Insurance

## G. STEPHEN DULANEY

IN GREAT FALLS



AUTO • HOME • LIFE  
FINANCIAL SERVICES

Like A Good Neighbor, State Farm Is There.®

Open Saturdays

Complementary Insurance and Financial Review

Visit [www.gstephendulaney.com](http://www.gstephendulaney.com)



**703-759-4155**

**731-C WALKER RD.: GREAT FALLS, VA**

State Farm Insurance Companies  
Home Office Bloomington, Illinois

Proud Supporter of Military Appreciation Mondays

## NEWS



Center left, local artist Begoña Morton and (center right) Meralee Fredenburgh, executive director of The Arts of Great Falls, hold samples of the 2022 ornaments as (far left) GFCA member Winnie Frost and (far right) GFCA president Bill Canis join them at Overlook 3 Great Falls Park, Va.

## Great Falls Ornament Unveiled Sales benefit two local nonprofits.

BY MERCIA HOBSON  
THE CONNECTION

The Arts of Great Falls and the Great Falls Citizens Association opened sales for the new ornament series, a fundraising project to support both organizations.

The official 2022 ornament features a watercolor painting by local artist Begoña Morton titled "The Great Falls of the Potomac." It depicts the view from Overlook 3 at Great Falls Park, Va. Ornaments are available in two laser-cut wood styles, either 4.4 inches wide or an oval design, 3.5 inches wide, according to Meralee Fredenburgh, executive director of The Arts of Great Falls.

The 2022 edition is the inaugural ornament of the two organizations' planned annual tradition to commemorate beloved Great Falls sites. It will be available for purchase, cash or check only on Oct. 7 as supplies last at the Artists' Atelier during the 1st Friday Art Walk for \$20 each. After that, ornaments will be available at The Artists' Atelier's weekly Open Studio hours on Wednesdays from 12 p.m. to 2 p.m. and Saturdays from 10 a.m. to 2 p.m., as well as during the Great Falls Studios Art Tour, October 21-23, and the Great Falls Studios Holiday Fest at the Artists' Atelier, Dec. 3-4.

The Atelier is located in the Great Falls Village Center, near the Old Brogue, at 756 Walker Road, Great Falls.



PHOTOS CONTRIBUTED

The official 2022 ornament features a watercolor painting by local artist Begoña Morton titled "The Great Falls of the Potomac."

*Discover*  
LIFE AT MONARCH  
THROUGH THE  
WORKFORCE  
DWELLING UNIT  
PROGRAM\*

MONARCH

A proud participant in The Workforce Dwelling Unit (WDU) Homebuyer Program, Monarch offers exceptional privacy, serene outdoor spaces, unparalleled services, and the most luxurious amenities in Northern Virginia. The WDU Program helps homebuyers in Fairfax County purchase a home near employment centers and transportation options at below-market prices. Save on gas, save on your mortgage, save for the things that matter most.

\*Must be income qualified. Ask about our available studio and 1-bedroom floor plans.

LEARN MORE AT [AFFORDABLECONDOSTYSONS.COM](http://AFFORDABLECONDOSTYSONS.COM)

Illustrations, images, pricing, and community details are for representational purposes only and are subject to change without notice. See a sales manager for complete details.

RENAISSANCE CÉNTRÔ MAYHOOD

# BULLETIN

Submit civic/community announcements at [ConnectionNewspapers.com/](http://ConnectionNewspapers.com/) Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before the event.

## THE ALDEN AND FURIA FLAMENCA ANNOUNCE PARTNERSHIP

The Alden at the McLean Community Center (MCC) is pleased to welcome local flamenco dance company Furia Flamenca (FF) as its 2022-23 Artist-in-Residence. The partnership will involve a number of events that will be open to the public, as well as MCC serving as an incubator for Furia Flamenca's work. During the residency, Furia Flamenca will perform and hold open rehearsals, workshops and lectures for the public, including a flamenco dance workshop for MCC's active seniors program, Seniors in Action. The theater is located at 1234 Ingleside Ave. The first public performance will be an interactive Hispanic Heritage Month show for families at 11 a.m. on Saturday, Oct. 8, in The Alden. "A Trip to Spain" introduces children to flamenco music and dance, shares some of the art form's history and invites audiences to participate in flamenco-making. Tickets are \$15, \$10 for MCC tax district residents.

For more information visit: [www.aldentheatre.org](http://www.aldentheatre.org) or call 703-790-0123, TTY: 711.

## ARTIFICIAL INTELLIGENCE COMPANY TO EXPAND HEADQUARTERS

Governor Glenn Youngkin announced that Enabled Intelligence, Inc., a

provider of secure and accurate data labeling services to enable artificial intelligence applications, will invest \$1.4 million to expand its headquarters in Fairfax County. The company will add over 10,000 square feet of classified and unclassified office space to its operations located at 6400 Arlington Boulevard in Falls Church in order to increase capacity. The project will create 117 new jobs.

## SHEPHERD'S CENTER OF NORTHERN VIRGINIA ADVENTURES IN LEARNING FALL 2022 CLASSES

The Shepherd's Center of Northern Virginia (SCNOVA) continues its Adventures In Learning (AIL) line up of classes with their Fall 2022 semester schedule that includes a wide range of subjects - from a Health and Wellness series to National and World Affairs. T'ai Chi is offered twice weekly. Please note that all classes are now scheduled in the morning time slots.

The following classes are but a few of the classes to choose from:

- October 13 "Our Visit to Iceland" – Paul Wormeli
- October 27 – "How Companies Acquire, Use and Protect Your Information" – Bob Reinsel

Students may attend one or all of the AIL fall classes for a \$55 fee and are encouraged to create their

SEE BULLETIN, PAGE 11

INDEPENDENT LIVING AT VINSON HALL RETIREMENT COMMUNITY

DON'T JUST GROW **Thrive**



## EVERYTHING YOU NEED TO FLOURISH.



Life at Vinson Hall Retirement Community is all about personal growth. With our life enrichment programs you'll have a seemingly endless number of activities and interests to pursue—whether you're into gardening, sports, games, crafts, art or just making friends. With so much to do, the only thing you won't see growing around here is moss under your feet. You'll be moving too much for that. Join us at Vinson Hall Retirement Community and start thriving.

TO LEARN MORE, SCHEDULE A TOUR TODAY! • 703-721-4574

6251 OLD DOMINION DRIVE | MCLEAN, VA 22101

VINSONHALL.ORG

## PRINT AND DIGITAL OPTIONS TO REACH YOUR TARGET MARKET

Email Blasts  
Print  
Digital Billboards  
Sponsored Content  
Exclusive Front Page Shoutout  
Social Media



**THE CONNECTION**  
Newspapers & Online

For Advertising:  
Call 703.778.9431  
or email  
[advertising@connectionnewspapers.com](mailto:advertising@connectionnewspapers.com)

**Edward Jones®**

> [edwardjones.com](http://edwardjones.com) | Member SIPC

## Compare our CD Rates

Bank-issued, FDIC-insured

3-month

**3.35** %  
APY\*

Minimum deposit \$50,000

9-month

**3.95** %  
APY\*

Minimum deposit \$50,000

18-month

**4.2** %  
APY\*

Minimum deposit \$50,000

Call or visit your local financial advisor today.



**Jason Borland**  
Financial Advisor  
917 W Broad St Suite 201  
Falls Church, VA 22046  
703-237-8723

\* Annual Percentage Yield (APY) effective 10/03/2022. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit [www.fdic.gov](http://www.fdic.gov) or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

FDD-1867K-A © 2022 EDWARD JONES & CO., L.P. ALL RIGHTS RESERVED.

# OPINION

## Listen to the Young People

BY DEL. KENNETH R. "KEN" PLUM

Last week as thousands of students throughout Virginia walked out of school to protest the horrible and cruel revisions to school policy related to transgender students, I was reminded of another student walkout to protest an earlier unjust situation. The facilities provided to Black and white children for their education were unequal as were the programs for them. The year was 1951 when schools for Black and white children were segregated but in no way could they be considered equal as an earlier Supreme Court decision required. Sixteen-year-old Barbara Johns in Prince Edward County recognized that the white children in her county went to a new brick school while the Black children were relegated to a tarpaper shanty with a potbelly stove and outside toilet



Plum

facilities. She organized a walkout of the Black children that resulted in a court case that went all the way to the Supreme Court where it was consolidated into the Brown v. Board of Education decision in 1954 that found that separate facilities were inherently unequal. White Virginia political leaders fought the decision in many ways with "Massive Resistance" for nearly two decades before the schools in Virginia were finally desegregated.

So important was the act by the brave teenager, Barbara Johns, that she and the progress her actions brought about are remembered on the Virginia Civil Rights Memorial on Capitol Square in Richmond. As a young person she could see the ways segregation unfairly disadvantaged Black children, and she stood up to bring attention to the

issue and ultimately the beginning of a solution to it. She deserves the statue near the Capitol that honors her.

The children numbering in the thousands who walked out of their schools this past week are to be congratulated and thanked. A model school policy to be adopted by local school boards related to transgender students issued several years ago has been proposed to be revised by the current administration in Richmond. The proposed guidelines are being characterized as cruel and inhumane for transgender students.

The walkouts were organized by a youth LGBTQIA+ advocacy group, Pride Liberation Project. A statement the group issued said that "these revised guidelines will only hurt students in a time when students are facing unparalleled

mental health challenges and are a cruel attempt to politicize the existence of LGBTQIA+ students for political gain." The political gain references the campaign of the current governor that pitted parents and their rights as broadly defined by the administration against teachers and the schools that have a responsibility to all children. Putting transgender students in the middle of this political debate, it seems to me, can only be considered cruel and inhumane.

The proposed revised guidelines are open for public comment until Oct. 26, 2022.

Already ultraconservative groups are encouraging their members to record their support for the revisions. Those of us who recognize that the proposed revisions are a mistake need to record our support for the current policy without revisions at <https://townhall.virginia.gov/L/comments.cfm?GDocForumID=1953>.

### LETTER TO THE EDITOR

## Virginia DoE Proposal Harms Students, Families and Educators

The changes proposed by Governor Youngkin to Model Policies on Transgender students are damaging to students, families, teachers, businesses and public education.

Transgender and Gender-Expansive students, since the Sept. 16 release

**JOINT STATEMENT IN OPPOSITION** date, are already missing school

for fear of mistreatment. Reports of suicidal thinking and active self-harm are proliferating. Families are wondering if Virginia will remain a safe place in which to raise their children. Many have expressed that Virginia is telling them that they and their children are suddenly unwelcome here.

Beyond transgender students, LGBTQIA+ people are impacted, and all marginalized folk know that there is a target on them too.

In the first few months of 2020, the Virginia General Assembly passed and the Governor signed a law, Senate Bill 161/House Bill 145 which created VA Code § 22.1-23.3.

Treatment of transgender students to ensure that transgender students were supported "in accordance with evidence-based best practices." In response, the Virginia Department of Education (VDOE) reached out to LGBTQIA+

supportive organizations and mental health care professionals to create the 2021 "Model Policies for the Treatment of Transgender Students in Virginia's Public Schools" (2021 Model Policies). These model policies focused on the evidence-based practices required by the law.

On Sept. 16, 2022, the Virginia Department of Education released new guidelines, "2022 Model Policies on the Privacy, Dignity and Respect for all Students and Parents in Virginia's Public Schools." These policies are not evidence-based or based on best practices. In addition they seem to have had no input from transgender, gender-expansive, non-binary, or gender non-conforming individuals or support organizations. Exclusion of the people impacted by the policies ensures the policies will not meet the needs of those impacted.

In these 2022 Model Policies, "all" doesn't really mean "all."

These new policies do not meet the wording of the law, and certainly not the intent.

The Youngkin VDOE seems to be targeting trans and non-binary youth specifically to prevent them from being comfortable in school. The 2022 policies:

❖ Specifically exclude sexual orientation and gender identity from the "discrimination, harassment, and bullying" policy

OCTOBER 5-11, 2022

❖ Require parental permission for a student to speak to a school counselor in any way about their gender

❖ Require unreasonable documentation for changing a student's name and gender in school records

❖ Require teachers to misgender students due to an inability to change school records

❖ Completely ignore nonbinary students, and that some states allow a nonbinary gender marker on birth certificates

❖ Prevent teachers and counselors from doing their jobs and being trustworthy adults for students

❖ Address athletics, which the law specifically excludes and which the current (2021) Model Policies, in accordance with the law, do not address. The law has not changed, so the inclusion of athletics in the 2022 proposal is puzzling.

The new policies exclude transgender, non-binary, and gender non-conforming students and ensure an unsafe environment for transgender, gender-expansive, non-binary, and gender non-conforming teachers, administrators, staff, and parents. With all of the discussion in these policies of parental rights, the rights of the par-

ents of students most affected are ignored entirely.

The 2022 Model Policies are inconsistent with section 1.A and section 2 of Senate Bill 161 and the identical House Bill 145 passed by the General Assembly and signed by the Governor of Virginia on March 4, 2020. No new legislation has been passed, and the VDOE is not empowered to rewrite state law.

We the undersigned organizations insist that the VDOE withdraw the 2022 Model Policies. We enjoin school boards to retain or enact policies that are consistent with the 2021 Model Policies.

**FCPS Pride, Inc.**

**Fairfax County**

**Federation of Teachers**

**FCPS Asian Educators**

**Hispanic Educators**

**Association of Fairfax**

**GLSEN NoVA**

**4 Public Education**

**Jewish Community Relations**

**Council of Greater Washington**

**Anti-Defamation League,**

**Washington DC**

**Transgender Education Association**

**of Greater Washington**

**Fairfax Education Association**

**Never miss an issue, get a free digital subscription,**

**<http://www.connectionnewspapers.com/subscribe/>**

**Great Falls  
CONNECTION**

[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

Twitter @followfairfax

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by  
**Local Media Connection LLC**

**1606 King Street  
Alexandria, Virginia 22314**

Free digital edition delivered to your email box. Go to [connectionnewspapers.com/subscribe](http://connectionnewspapers.com/subscribe)

**NEWS DEPARTMENT:**  
[greatfalls@connectionnewspapers.com](mailto:greatfalls@connectionnewspapers.com)

**Mary Kimm**  
Editor and Publisher  
[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)

**Mercia Hobson**  
Staff Reporter  
[mhobson@connectionnewspapers.com](mailto:mhobson@connectionnewspapers.com)

**Ken Moore**  
Contributing Writer  
[kmoore@connectionnewspapers.com](mailto:kmoore@connectionnewspapers.com)

**ADVERTISING:**  
For advertising information  
[sales@connectionnewspapers.com](mailto:sales@connectionnewspapers.com)  
703-778-9431

**Debbie Funk**  
Display Advertising/National Sales  
703-778-9444  
[debefunk@connectionnewspapers.com](mailto:debefunk@connectionnewspapers.com)

**David Griffin**  
Marketing Assistant  
703-778-9431  
[dgriffin@connectionnewspapers.com](mailto:dgriffin@connectionnewspapers.com)

**Classified & Employment Advertising**  
703-778-9431

**Editor & Publisher**  
Mary Kimm  
[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)  
@MaryKimm

**Publisher**  
Jerry Vernon  
703-549-0004  
[jvernon@connectionnewspapers.com](mailto:jvernon@connectionnewspapers.com)

**In Memoriam Managing Editor**  
Kemal Kurspahic

**Art/Design:**  
Laurence Foong  
**Production Manager:**  
Geovani Flores

**CIRCULATION**  
[circulation@connectionnewspapers.com](mailto:circulation@connectionnewspapers.com)

**Virginia  
PRESS  
Association**  
Award Winning  
Newspaper

[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

## NEWS

# Great Falls Farmers Market Remains Open

Creates a community around food.

BY MERCIA HOBSON  
THE CONNECTION

The Great Falls Farmers Market is open every Saturday from 9 a.m. to 1 p.m. year-round at 778 Walker Road in Great Falls. It is a "vision-driven" market fulfilling the "wishes of residents as expressed in the Great Falls 2020 vision survey to have a farmers market as part of building a vibrant semi-rural center," according to its website.

The farm-to-table market provides a one-of-a-kind variety of fresh produce, fruits, and vegetables from local farmers. There is also a variety of baked goods and meals ready to eat. Most vendors started their micro-businesses selling homegrown, baked, and crafted products made available to the Great Falls area.

Musicians are commonly featured at the market. They play for tips and count on the generosity of visitors and vendors.

Vendors include Bagel Joy, Blue Ridge Gardens, Cold Country Salmon, Diaz Berries & Veggies, Homestead Glamour, Kat Flowers Design & Décor, Lempira Coffee, Liberty Hill Farm, My Empanadas, Oliver's Corner Butcher Shop, Our Mom Eugenia, Tyme Foods Zaatar, Wonky Wicks, and World Eats.

The Great Falls Market is one of the few markets in Fairfax County



PHOTOS BY MERCIA HOBSON/THE CONNECTION

Great Falls Farmers Market is open every Saturday from 9 a.m. to 1 p.m.

that is not county-sponsored. Visit Great Falls Market online to learn more and view their weekly newsletter.



A place to meet friends and family.

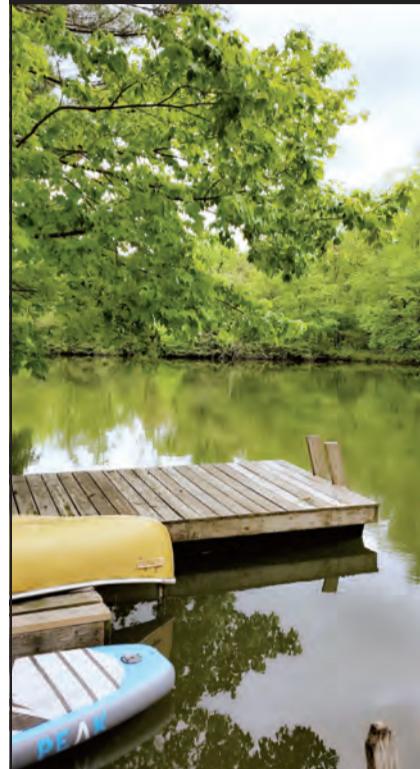
[www.CONNECTIONNEWSPAPERS.COM](http://www.CONNECTIONNEWSPAPERS.COM)



Produce, veggies, fruits, and other good.

## Starry Nights

Waterfront Cabin on 3 Acre Spring Fed Lake



Enjoy the quiet from the dock or from the Old Town kayak in the spring fed water

at this serene lakefront cabin during the day or under starry skies on clear nights

Even throw a line for catch and release fishing

Vacation property borders Blue Ridge Parkway, Milepost 180, southwest Virginia, six hours from DC.

Less than hour from Andy Griffin's Mayberry in Mount Airy, NC and Virginia Tech in Blacksburg.

Option for Larger Farmhouse Sleeps 10

Smaller and Cozy Lakefront Cabin Sleeps 5

Or reserve both! Visit the web for more details and photos

Search Mayberry Mountain Meadows at Airbnb and/or VRBO  
<https://mmmlakeretreat.weebly.com/the-white-house.html>

## Old Firehouse After School Program

Now Open to 5th-9th Graders

Transportation Provided | Homework Help  
Pet Therapy Program | Computer Lab Access  
Recreational Activities | Snacks

\$325/\$300 MCC district residents  
**FOR THE YEAR!**



SCAN ME

[www.oldfirehouse.org](http://www.oldfirehouse.org)

703-448-8336  
1440 Chain Bridge Rd., McLean, Va. 22101

# Film Festival Supports Childhood Healthcare

**Don't miss Washington West Film Festival as it kicks off Oct. 13.**

BY MIKE SALMON  
THE CONNECTION

The Washington West Film Festival is a lesser-known film festival coming out of Reston that packs all the punch of the bigger names like Cannes or the Sundance. It kicks off Oct. 13 with the premiere of "Refuge," at the Capital One Hall Tysons Corner.

"Refuge" is a documentary that looks at the friendship of two unlikely candidates in Clarkston, Georgia which they call "the most diverse square mile in America."

The following day starts off with a crowdfunding workshop that examines how to launch a crowdfunding campaign that could help upcoming filmmakers. Then a day of screentime featuring a few horror shorts before the evening production of "Long Live my Happy Head." This documentary is a love story about a Scottish comic book artist with a brain



Colin Kaepernick kneeling during the National Anthem is examined in one of the films called "Kaepernick & America."

tumor, who uses his art to communicate his experience of cancer.

On Saturday, Oct. 15 at the ShowPlace Icon in McLean, a collection of short films from a group

of George Mason University students will be featured.

According to Samantha Dols, the Director of Programming & Impact at the Washington West



PHOTOS CONTRIBUTED

Banner in Reston.



"Red Horizon" is a short documentary that tells the story of a group of pilots dedicated to keeping alive the legacy of the Tuskegee Airmen.

## Same Company, Same Employees, Same Great Value - Now Celebrating 20 Years!

### TWO POOR TEACHERS Kitchen and Bathroom Remodeling



- Electrical (ELE)
- Gas Fitting (GFC)
- Heating Ventilation and Air Conditioning (HVA)
- Plumbing (PLB)
- Residential Building (RBC)

Fully Insured & Class A Licensed  
Since 1999



10% down  
nothing until the job  
is complete for the  
past 17 years

**Free Estimates    703-999-2929**

Check if your contractor is licensed at the state level  
<http://www.DPOR.virginia.gov>

**Visit our website: [www.twopoorteachers.com](http://www.twopoorteachers.com)**

Film Festival, filmmaking is alive and well in Reston. This festival is based in Reston, and has a group of Reston volunteers to help out, and even a few local film fanatics to make the festival happen. The festival is partnered with the Reston Town Center Association and the Reston Community Center. In fact, Robert E. Simon, the namesake of Reston, was on the board of the festival before he died.

In 2015, they changed the name of Reston to Hill Valley for festival week in celebration of a big anniversary event for the "Back to the Future" movie. "DeLoreans flooded Reston Town Center, and Christopher Lloyd and several other cast members joined us for a marathon screening of all films in the series," said Dols.

#### Festival's Message

The festival follows a belief that "story can change the world," and their box office proceeds go toward making an impact, supporting childhood healthcare. The "make a difference," message can be seen on Sunday, Oct. 16 with the film "Kaepernick & America,"

and explores the impact football player Colin Kaepernick made when he took a knee during the national anthem. "That becomes a symbol," said the trailer. The film stokes the flame a little more with a clip of Donald Trump's negative reaction when he was in office.

Although the festival is full of films with a social message, it's not limited to that, said Dols. "Every year we try to sprinkle in pure entertainment films as well," she said. This year, there is an anti-romantic comedy that fits that genre called "Everybody Loves Jean." The main character, Jeanne, is dealing with her mother's death and meets up with a girl she knew from school. "At the airport, she runs into Jean, a whimsical and somewhat intrusive former high school classmate." This movie is playing Saturday, Oct. 15 at 1 p.m. at the ShowPlace Icon in McLean.

This is the eleventh year of the festival, and it is usually connected with the Bowtie Cinema in Reston but this year, the theater is undergoing renovations, so they shifted to the Tysons area.

## CALENDAR



Furia Flamenca: "A Trip to Spain" will be presented on Saturday, Oct. 8, 2022 at The Alden Theater in McLean.

### SEPT. 15-OCT. 9

Mlima's Tale by Lynn Nottage. Thursdays at 7:30 p.m., Fridays at 8 p.m., Saturdays at 2 and 8 p.m., Sundays at 2 p.m. At 1st Stage, 1524 Spring Hill Road, Tysons. Tickets: \$50 general admission, \$47 seniors (65+), \$15 students, educators, and military. Purchase online at [www.1ststage.org](http://www.1ststage.org) or 703-854-1856.

### SEPT. 24-OCT. 30

Fall Festival. At Reston Farm Garden Market, 10800 Baron Cameron Ave., Reston. The festival will run Friday, Saturday and Sundays September 24 to October 30 with five 90 minute online ticketed sessions. Fall Festival hours are Friday through Sunday 10:00 a.m. to 11:30 a.m. to 12:00 p.m. to 1:30 p.m., 2:00 p.m. to 3:30 p.m., and 4:00 p.m. to 5:30 p.m. to 6:30 p.m. \$28 per child and \$7 per parent, children 2 and under free. For times and tickets visit [www.restonfarm.com/fall-fest](https://www.restonfarm.com/fall-fest).

### OCT. 1-30

"Modern Illuminations – Knowledge and Power" by Rosemarie Forsythe. Presented at Reston Art Gallery and Studios. Rosemarie Forsythe's intricately detailed paintings depicting symbols of knowledge, strength, hope and resilience will be presented in a featured exhibit, "Modern Illuminations – Knowledge and Power," at Reston Art Gallery and Studios (RAGS) from October 1 until October 30. Everyone is invited to meet Forsythe when she is at the gallery for the show's opening weekend, October 1 and 2.

### THURSDAYS/OCT. 4-25

Big & Messy Art classes for kids, a four-session class. Brown's Chapel Recreation Area, 1598 Browns Chapel Road, Reston. Click this link to register or for further details: Big & Messy Art class details. Kid-create Studio partners with Reston Association.

### OCT. 6-27

Sights and Sounds of Early Herndon. [www.CONNECTIONNEWSPAPERS.COM](http://www.CONNECTIONNEWSPAPERS.COM)

At Arts Herndon, 750 Center Street, Herndon. The Herndon Historical Society, in collaboration with Arts Herndon, is pleased to announce a unique exhibition that will include many never seen before unique photos of the town of Herndon from the 1880-1930 time period. The exhibit will also include artifacts from Herndon's past. Exhibition visitors will experience a special view of early Herndon life, how our forefathers and families lived and worked. Visitors are invited to attend a free reception at Arts Herndon on October 14 at 6:30 p.m.

### OCT. 7-8

The Friends of the Great Falls Library semi-annual book sale at the library on Friday, Oct. 7 and Saturday, Oct. 8 from 10 a.m. until 4 p.m. each day. Interested readers can attend a pre-sale event (for \$10 admission) on Thursday, Oct. 6 from 6 p.m. - 8 p.m. Volunteers are needed for the upcoming book sale, with set up starting on Oct. 5. For more information on the sale or to volunteer, contact [friendsofthegreatfallslibrary@gmail.com](mailto:friendsofthegreatfallslibrary@gmail.com).

### SATURDAY/OCT. 8

Mykle Lyons Commemorative Concert. 12-6 p.m. At Lake Anne Plaza (Waterfront), 1609 Washington Plaza, Reston. Concert in honor of Mykle Lyons, LAWPA, with the help of Kalypso's and Roxlosion. They are setting up a memorial scholarship fund with tax-deductible scholarship donations going to Friends of Music at George Mason to help a deserving music student at George Mason University.

### SATURDAY/OCT. 8

National Alliance on Mental Illness Walk. 8 a.m. to 12 p.m. At Tysons Corner Center, The Plaza, McLean. Walk with NAMI to help open doors for everyone from every walk of life to have access to mental health resources and the community they deserve. The largest grassroots mental health organization is dedicated to raise \$115,000 to "improve the lives of

people with mental illness." Go to <http://ow.ly/3fTp50KNb95> to register now

### SATURDAY/OCT. 8

Furia Flamenca: "A Trip to Spain." 11 a.m. At The Alden Theater, 1234 Ingleside Ave., McLean. This interactive Hispanic Heritage Month show for families by Furia Flamenca introduces children to flamenco music and dance, shares some of the art form's history and invites audiences to participate in flamenco-making.

### MONDAY/OCT. 10

Life Story Writing. 4-5 p.m. Virtual. Join in an engaging presentation on how writing themed autobiography stories can enhance and enrich your personal legacy. Led by Craig Siulinski, proprietor of Sharing Legacies. Link to the registration page: Introduction to Life Story Writing - Fairfax Library Calendar - Library Home ([fairfax-county.gov](http://fairfax-county.gov))

### MONDAY/OCT. 10

Touch-A-Truck. 10 a.m. – noon. At McLean Community Center, 1234 Ingleside Ave., McLean. Parents and children can enjoy the Fairfax County Public Schools' holiday by joining MCC for this FREE event that gives kids the chance to see, touch and explore some of their favorite cars and trucks.

### TUESDAY/OCT. 11

McLean Historical Society Meeting. 7:30 p.m. At the McLean Community Center in McLean. The McLean Historical Society will feature noted author Sandra Grimes presenting "Circle of Treason," the story of Aldrich Ames, a former CIA officer who was convicted of espionage in 1994. Everyone is welcome. For further information, contact Carole Herrick at 703-356-8223.

### WEDNESDAY/OCT. 12

Fall Harvest Festival. 8 a.m. to noon. At Oak Marr Farmers Market, Oak

SEE CALENDAR, PAGE 10

## Here's What's Happening at MCC!

**Presented by The Alden Hispanic Heritage Month Event**

**OCT  
8**

**Furia Flamenca: "A Trip to Spain"**  
**Saturday, Oct. 8, 11 a.m.**

\$15/\$10 for MCC district residents

### A School's Out Solution

**Touch-A-Truck**  
**Monday, Oct. 10, 10 a.m. – noon**

Free admission.  
Registration is required.

**OCT  
10**



**Presented by The Alden**

**The Boy Band Project**  
**Friday, Oct. 14, 7 p.m.**

\$30/\$20 MCC district residents  
\$25 seniors, students

**OCT  
14**

### Presented by The Alden

**"Tackling Body Image and Flipping Mental Health Challenges"**  
**A Discussion with Laurie Hernandez, Shaquem Griffin and Moderator Christine Brennan**  
**Saturday, Oct. 15, 7 p.m.**

\$25/\$15 MCC district residents

**OCT  
15**

**McLean Pet Fest**  
**Sunday, Oct. 16, 11 a.m.-4 p.m.**

**McLean Central Park**  
**1468 Dolley Madison Blvd.**  
**Free Admission**

**OCT  
16**

**The McLean Community Center**  
[www.mcleancenter.org](http://www.mcleancenter.org)  
**Home of The Alden Theatre**  
[www.aldentheatre.org](http://www.aldentheatre.org)

**1234 Ingleside Ave. McLean, VA 22101**  
**703-790-0123**

**@mcleanvacenter**  
**@mcleancentererva**



FORMER OWNERS NOTICE OF INTENT TO DISPOSE IS HEREBY GIVEN that pursuant to the Provisions of the Code of Virginia (1950) as amended 33.2-1005A (formerly 33.1-90A). This is to notify Percy Talley, their heirs or assigns, of the opportunity to purchase property located between 38th Place North and North Richmond Street, in Arlington, Virginia. (No Tax Map or Parcel # Assigned). Contact Jordan Cheresnowsky at Jordan.Cheresnowsky@VDOT.Virginia.gov, 703-259-2971, Virginia Department of Transportation – Right of Way and Utilities Divisions, 4975 Alliance Drive, Fairfax VA 22030 by October 17, 2022.

**GENERAC**

## Prepare for power outages today

WITH A HOME STANDBY GENERATOR

\$0 MONEY DOWN + LOW MONTHLY PAYMENT OPTIONS

Contact a Generac dealer for full terms and conditions.

**REQUEST A FREE QUOTE**  
CALL NOW BEFORE THE NEXT POWER OUTAGE  
**(844) 947-1479**

**FREE** 7-Year Extended Warranty\* - A \$695 Value!

\*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

**LeafFilter GUTTER PROTECTION**

**BEFORE LeafFilter** **AFTER LeafFilter**

**BACKED BY A YEAR-ROUND CLOG-FREE GUARANTEE**

**EXCLUSIVE LIMITED TIME OFFER!**

**20% OFF + 10% OFF**  
YOUR ENTIRE PURCHASE\*  
SENIORS & MILITARY!  
FINANCING THAT FITS YOUR BUDGET!  
Subject to credit approval. Call for details.  
Promo Code: 285  
FREE GUTTER ALIGNMENT + FREE GUTTER CLEANING\*

**CALL US TODAY FOR A FREE ESTIMATE**  
1-877-614-6667

Mon-Thurs: 8am-11pm, Fri-Sat: 8am-5pm, Sun: 2pm-8pm EST

**A COMPANY OF LEAFHOME**

\*For those who qualify. One coupon per household. No obligation estimate valid for 1 year. \*\*Offer valid at time of estimate only. **The leading consumer reporting agency conducted a 16 month study of less than 100,000 recognized LeafGuard as the #1 rated professionally installed gutter guard system in America. "LeafGuard is the #1 rated professionally installed gutter guard system in America." Based on survey results of 100,000 LeafGuard installations across the U.S. from January 2012 through December 2012. CBL# 1021795 Registration# 139H0953900 Registration# H-19114 License# 218294 Registration# PA009383 License# 41354 License# 7656 DOPL# 2102212986 License# 262000022 License# 262000493 License# 2106212346 License# MHC11225 Registration# 176547 License# 423330 Registration# 18731804 License# 50145 License# 408693 Registration# 139H0953900 Registration# H-19114 License# 218294 Registration# PA009383 License# 41354 License# 7656 DOPL# 1078368-5501 License# 423330 License# 2705169445 License# LEAFFRNW922Z License# VV056912**

# CLASSIFIED

WWW.CONNECTIONNEWSPAPERS.COM  
To Advertise in This Paper, Call by Monday 11:00 AM 703-778-9411

**WALK-IN BATHTUB SALE! SAVE \$1,500<sup>00</sup>**

**American Standard** Walk-In Tubs

- ✓ Backed by American Standard's 150 years of experience
- ✓ Ultra low ease of entry and exit
- ✓ Patented Quick Drain® Technology
- ✓ Lifetime Warranty on the bath AND installation, INCLUDING labor backed by American Standard
- ✓ 44 Hydrotherapy Jets for an invigorating massage

Limited Time Offer—Call Today!

**1-855-864-5500**

**Prepare for Power Outages & Save Money**

**GENERAC PWRCELL SOLAR + BATTERY STORAGE SYSTEM**

**REQUEST A FREE QUOTE!**

**ACT NOW TO RECEIVE A \$300 SPECIAL OFFER!\***

| (833) 688-1378

\*Offer value when purchased at retail. Solar panels sold separately.

**The Bath or Shower You've Always Wanted IN AS LITTLE AS 1 DAY**

**\$1000 OFF\***

**No Payments & No Interest for 18 Months\*\***

Military & Senior Discounts Available

OFFER EXPIRES DECEMBER 31, 2022

**BCI BATH & SHOWER**

**CALL NOW!**  
**(844) 945-1631**

\*Includes product and labor, bathtub, shower or walk-in tub and wall surround. This promotion cannot be combined with any other offer. Other restrictions may apply. This offer expires 12/31/2022. Each dealership is independently owned and operated. \*\*Third party financing is available for those customers who qualify. See your dealer for details. ©2022 BCI Acrylic Inc.

**Past issues of**

**THE CONNECTION NEWSPAPERS**

**back to 2008 are available at**

**http://connectionarchives.com/PDF**

## CALENDAR

FROM PAGE 9

Marr Rec Center, 3200 Jermantown Road, Oakton. Will feature live music, free samples of warm apple cider, a free pumpkin painting activity, and activities for children and families. Visit [www.fairfaxcounty.gov/parks/farmersmarkets](http://www.fairfaxcounty.gov/parks/farmersmarkets)

### FRIDAY/OCT. 14

Fall Harvest Festival. 8 a.m. to noon. At McLean Farmers Market, Lewisville Park, 1659 Chain Bridge Road, McLean. Will feature live music, free samples of warm apple cider, a free pumpkin painting activity, and activities for children and families. Visit [www.fairfaxcounty.gov/parks/farmersmarkets](http://www.fairfaxcounty.gov/parks/farmersmarkets)

### FRIDAY/OCT. 14

The Boy Band Project. 7 p.m. At McLean Community Center, 1234 Ingleside Ave., McLean. The Boy Band Project transports you back to a time when the boy band phenom dominated pop culture and TRL was appointment television. Delivered with their own special mix of attractiveness, tongue-in-cheek humor and talent from Broadway's "Wicked," "Hairspray" and "Mamma Mia" (and more), these boys recreate the sounds and choreography of your favorite boy bands, from NKOTB to One Direction.

### OCT. 14-16

Farm Harvest Days at Frying Pan Farm. 10 a.m. to 4 p.m. At Frying Pan Farm Park in Herndon. Watch the cider press in action, milk a goat, shell corn, peel apples, meet the farm animals and see traditional farm demonstrations. Take a wagon ride around the park or take a spin on the carousel. Have you ever wondered what it was like to operate large equipment? Come see these up close and speak with those that operate them at Big Truck Night, which takes place on Friday, Oct. 14, 2022 from 5 to 6:30 p.m. For even more family fun at Frying Pan, visit the Fall Carnival that runs concurrently. There will be games and rides and tasty food and beverages for sale. Carnival tickets may be purchased online, and an unlimited carnival ride pass is available for use on Friday and Sunday afternoons.

### OCT. 14-16

Capital Art & Craft Festival. At Dulles Expo Center in Chantilly. The Fall Capital Art & Craft Festival will feature art in more than a dozen mediums including glass, jewelry, leather, paintings, prints, photography, pottery, wearable art and wood. Friday, Oct 14: 10 a.m. – 5 p.m.; Saturday Oct 15: 10 a.m. – 5 p.m.; Sunday Oct 16: 10 a.m. -4 p.m. Tickets: \$10 in advance; \$12 at the door. Visit [www.CapitalArtAndCraftFestivals.com](http://www.CapitalArtAndCraftFestivals.com)

### SATURDAY/OCT. 15

NVMR Train Station Open House. 1-5 p.m. At Vienna Train Station, 231 Dominion Road, NE, Vienna. Stop by the Historic Vienna Train Station where you can see and hear HO scale model trolleys and trains including Thomas and some of his friends on display and in operation. Great family fun and activity for the young and young-at-heart.

SEE CALENDAR, PAGE 11

[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

# CALENDAR

FROM PAGE 10

Hosted by the Northern Virginia Model Railroaders. See [www.nvnr.org](http://www.nvnr.org).

## SATURDAY/OCT. 15

Free Black History Concert. 3 p.m. At 8641 Lewinsville Road, McLean. Historic Pleasant Grove is hosting the acclaimed Washington Revels Jubilee Voices ensemble for a free Black History Celebration featuring traditional African American song, poetry, and dance. This event will take place in a quaint 1895 church setting, now an historic site. Visit [www.HistoricPleasantGrove.org](http://www.HistoricPleasantGrove.org).

## OCT. 15-16

Pumpkin Pop-Up and Halloween Experience. 10:00 a.m. – 6:00 p.m. At Tysons Corner Center, The Plaza, McLean. What better to bring in the fall season and get into the Halloween spirit than at Tysons Corner Center's Fall Festival? The Pumpkin Pop-Up and Halloween Experience invites everyone to engage with the community with a farmer's market, wine tasting, live pumpkin carving demos, food sales, music, and a costume contest.

## SATURDAY/OCT. 15

Fall Book Sale. 10 a.m. to 5 p.m. At Centreville Regional Library, 14200 Saint Germain Drive, Centreville. Bag Sale on Sunday from 2 - 5 p.m. Fiction for all ages; extensive variety of nonfiction, audiobooks, DVDs and audio CDs.

## SATURDAY/OCT. 15

Fire Prevention Week. 10 a.m. to 4 p.m. at Vienna Volunteer Fire Department, 400 Center Street, S., Vienna. The Vienna Volunteer Fire Department is teaming up with the National Fire Protection Association to celebrate the 100th anniversary of the Fire Prevention Week. This year's campaign, "Fire won't wait. Plan your escape", works to educate everyone about simple but important actions they can take to keep themselves and those around them safe from home fires. Visit [www.vvfd.org](http://www.vvfd.org).

## OCT. 21-23

19TH ANNUAL GREAT FALLS STUDIO TOUR: 10 a.m. to 5 p.m. Visit artists in their studios, watch them work, participate in activities, and purchase art – just as the fabulous fall foliage is erupting in color. [greatfallsstudios.org](http://greatfallsstudios.org).

## BULLETIN BOARD

FROM PAGE 5

own schedule – attend classes all morning or attend only one class. Visit [www.scnova.org](http://www.scnova.org) or contact Carolyn Pennington, Executive Director at 703-281-0588, carolynpennington@scov.org.

## VOLUNTEERS NEEDED

GrandInvolve Seeks Volunteers. Would you like a unique and interesting volunteer experience to make a difference in a school, classroom, or in one child's life? GrandInvolve.org facilitates rewarding, flexible adult volunteer opportunities at Fairfax County Title I elementary schools, providing classroom assistance with math, reading, and other simple educational tasks. Visit [www.GrandInvolve.org/volunteer-with-us](http://www.GrandInvolve.org/volunteer-with-us) for details and to complete an interest form. Or email info@grandinvolve.org.

## AUG. 21 AND AUG. 28

Catalytic Converter Theft Prevention Events. The Fairfax County Police Department's McLean District is partnering with Craftsman Auto Care to offer free etchings of an anti-theft label onto the catalytic converters of the second-generation Toyota Prius registered in the McLean District of Fairfax County. The free events are open only to Gen 2 Prius owners who live within the McLean Police District and will be verified on date of service. The first Gen 2 Prius models were introduced in 2004. To register for the August 21 event at

[com/arttour22](http://com/arttour22)

## SATURDAY MORNINGS

Summer Programming for Kids. 9 a.m. to 1 p.m. At Reston Museum, 1639 Washington Plaza, Reston. Reston Museum is launching new summer programming for kids! Visit the Reston Museum to participate in fun and creative activities inspired by Reston's history. Program is free and everyone will receive an Explore Reston packet.

## NOW THRU DEC. 31

Crafts for Kids. 10 a.m. to 12 noon. At Reston Art Gallery and Studios, 11400 Washington Plaza W at Lake Anne, Reston. Free, themed art projects for children (with guardian) are offered at Reston Art Gallery and Studios every Saturday from 10 a.m. until 12 p.m. Visit the website: [www.restonartgallery.com](http://www.restonartgallery.com)

## SATURDAYS UNTIL DECEMBER

The Reston Farmers Market (sponsored by the Fairfax Co. Park Authority) will take place at Lake Anne Village in Reston from 8 a.m.-noon. SNAP beneficiaries receive up to \$20 match. Visit <http://restonfarmersmarket.com/>

## MCLEAN FARMERS MARKET

The McLean Farmers Market opened for the 2022 season on May 6th, at Lewinsville Park, 1659 Chain Bridge Road, McLean. The market will run every Friday from 8 a.m. to noon through Nov. 11. Local farmers and producers will sell fresh produce and fruits; breads and pastries; prepared foods; meats; herbs; flowers, and more. All products are grown or produced by the vendors and come from within 125 miles of Fairfax County. For more information, see: [https://www.fairfaxcounty.gov/parks/farmersmarkets/](http://www.fairfaxcounty.gov/parks/farmersmarkets/)

## HERNDON FARMERS MARKET

Thursdays through Nov. 3, 8 a.m. to 12:30 p.m. 765 Lynn St., Herndon, VA, 20170 <https://www.fairfaxcounty.gov/parks/farmersmarkets/herndon>

## GREAT FALLS FARMERS MARKET

The Great Falls Farmers Market Outdoor Market is open every Saturday, Spring and Summer, 9 a.m. - 1 p.m., 778 Walker Road, Great Falls. For vendors and weekly highlights see <https://www.greatfallsfarmersmarket.org/>

## FROM PAGE 5

McLean Craftsman Auto, visit: <https://www.signupgenius.com/go/10c0d4fa4a82ea5fc-fc8-free>. To register for August 28 event at Merrifield Craftsman Auto, visit <https://www.signupgenius.com/go/10c0d4fa4a82ea5fc-fc8-free1>.

## SATURDAY/AUG. 27

Parking Reimagined Public Meetings. MCA community engagement opportunities for the Parking Reimagined Project are coming up this summer, as the project team continues to review and do an in-depth analysis of the county's off-street parking and loading rates and regulations (Article 6 of the Zoning Ordinance). For more information and links to sign up for these public events, visit <https://www.fairfaxcounty.gov/planning-development/zoning-ordinance/parking-reimagined>

## SUPPORT GROUPS

Parent Support Partners, a service of the Healthy Minds Fairfax initiative, are all parents who have received training and are qualified to offer education, support and assistance at no cost to families or caregivers. They provide reliable information that families can use in decision-making and are familiar with services and resources that can help families in distress. Visit [www.fairfaxcounty.gov/healthymindsfairfax](http://www.fairfaxcounty.gov/healthymindsfairfax) or [www.nami-northernvirginia.org/parent-peer-support.html](http://www.nami-northernvirginia.org/parent-peer-support.html).

Haven of Northern Virginia Support Group. 703-941-7000, [www.havenofnova.org](http://www.havenofnova.org) or [havenofnova@verizon.net](mailto:havenofnova@verizon.net).

# BUSINESS DIRECTORY

[WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)

CALL 703-549-0004  
FOR ADVERTISING INFORMATION



## Cancer, Then and Now

By KENNETH B. LOURIE

When my brother was emergency-admitted to the hospital on July 16th, it was just a few days removed from my most recent every-three-months cancer scans. For the following two months or so, until his status was no longer day to day but rather marginally less urgent, I hadn't really focused/thought too much about my own cancer-affected mortality. It was sort of on the back burner, for a change. And given my brother's tenuous grip on life for a while, it seemed bad form/totally inappropriate to expend any mental energy on myself considering that he was in such distress (not breathing on his own, connected to a ventilator, 24-7 dialysis, just to name a few of the many life-sustaining medical marvels he was dependent on while in SICU). It was a sort of "all hands to the pump" kind of effort, to quote the Brits. And as the doctors and staff provided my brother round-the-clock care, the least I could do was harness whatever positive vibe I could muster in his direction.

Slowly, but surely, my brother began to rally. Over the course of the last month, he was disconnected from all life-sustaining machinery, taken off of all medication and eventually transferred out of SICU into a regular hospital room. There his care was much less intense and where he began to really recuperate, enough so that a few weeks after his initial transfer there he received the penultimate transfer: to the adjacent rehab hospital with an eye toward the ultimate goal: release and back home. He was getting better every day and as he improved, we improved; in our mood and in our expectations for him. His semi-return to normal enabled me, subconsciously almost, to reconsider my own mortality once again. Not that that's anything new. It's quite old in fact, over 13 and half years old, ever since I was originally diagnosed with stage IV lung cancer in Feb. 2009. But for the last two months, it's been hardly a blip on my internal radar. My attention had been elsewhere.

And I must admit, in a weird kind of way, it was almost a relief to have something else to worry about for a change other than my own mortality. To clarify, it's not as if I forgot that I had cancer, but I was able to not think about all the time, if you know what I mean? I was thinking of my brother, not me. It felt unselfish which for a cancer patient is sometimes a challenging emotion to control. I remember the first bit of unsolicited advice I received from a friend (and fellow cancer patient) after she learned about my diagnosis: "Kenny" she said, "it's all about you now." Words to live by, for sure. Because a cancer diagnosis changes you in every way imaginable and in that aren't so imaginable. It's your life now – full time. As such, it's easy to lose oneself in all the demands and anxiety that characterize a cancer diagnosis and subsequent treatment/aftercare. Sometimes, it's helpful to have a diversion of sorts; to get your mind off your own troubles and try to help another cope. In that way, my brother's hospitalization and subsequent months' long recovery has been instructive. It turns out that even though I have cancer, it doesn't prevent me from doing the right thing on someone else's behalf. For almost six weeks, along with my sister-in-law, Vanessa, we visited my brother in the hospital every day, splitting shifts, so to speak. It wasn't about me. It was about my brother. It felt good to be there.

This week, if all goes according to plan, my brother will finally be home, after almost 10 weeks in the hospital. And with his return home (which itself will present any number of challenges for both Richard and his wife, Vanessa), my own health once again becomes top of mind. He has been in the hospital so long that low and behold, it's time for my quarterly scans already. The party, such as it was, is officially over. With my scans return all the usual mortality fears and questions. One of these days, I'm going to receive the wrong result. After all, when my diagnosis was changed to thyroid cancer three years ago, the medication I was prescribed (the best available at the time) had an effective time of three years or so. We're past that. Now that my brother is out of the hospital – or about to be, I'm back to thinking about me and my cancer and wondering if trouble is lurking.

Kenneth Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



DIANNE  
VAN VOLKENBURG



Work with the #1 Realtor

Twee Ramos, Susan Canis,  
Joe Trippi and Justin Scango

## Inventory Is Still Low Buyer Demand Is Still High



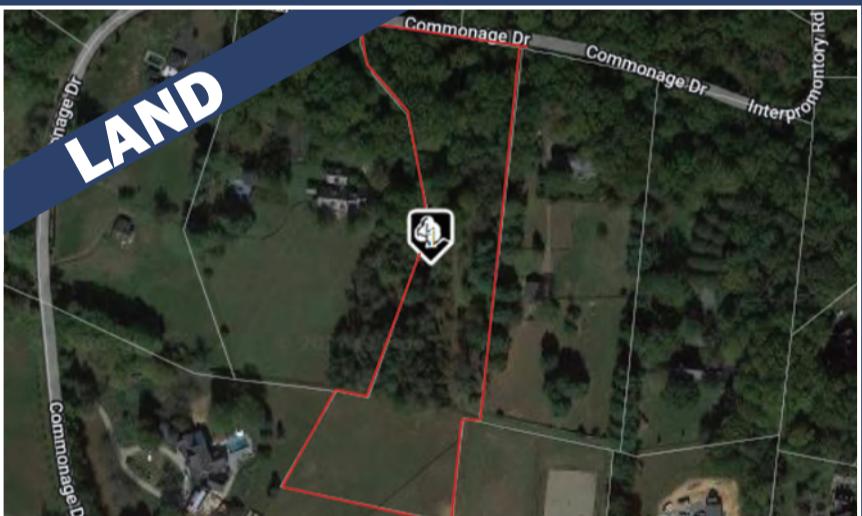
Great Falls

\$1,650,000



Great Falls

\$3,130,000



Great Falls

\$1,250,000



Great Falls

\$1,199,000

## Call Me Today!

703-757-3222

[sales@GreatFallsGreatHomes.com](mailto:sales@GreatFallsGreatHomes.com)

Dianne Van Volkenburg donates a portion of each sale to the Embry Rucker Community Shelter

LONG & FOSTER®  
REAL ESTATE

Forbes  
GLOBAL PROPERTIES

9841 Georgetown Pike, Great Falls, VA 22066  
703-759-9190 • [GreatFallsGreatHomes.com](http://GreatFallsGreatHomes.com)

2021 Top Sales Team  
Northern Virginia Region  
West Virginia Region



Cornerstones 50  
stability • empowerment • hope

